

## Two Day Prep

In addition to your prep instructions, please complete the following two days prior to your procedure. Your provider has ordered this to help cleanse your bowel completely so your procedure will be successful.

Purchase a 10oz bottle of Citrate of Magnesia and 4 Dulcolax (bisacodyl 5mg) tablets.

Two days before the colonoscopy, \_\_\_\_\_

Drink clear liquids only all day to stay hydrated. No solid food or drinks that you cannot see through. Suggestions of clear liquids are at the end of your colonoscopy prep instructions.

At 4pm, drink the 10oz bottle of Citrate of Magnesia.

At 5pm, drink 12oz water.

At 6pm, drink 12oz water. You may drink more if you desire.

At 8pm, take 4 Dulcolax tablets.

The day before the colonoscopy, \_\_\_\_\_

Drink clear liquids only and follow the rest of the prep instructions.