

INSTRUCTIONS FOR UPPER ENDOSCOPY

Arrange for time off from work, if applicable. You will not be able to work the day of the procedure but will be able to return the day after.

Arrange to have a ride home from the procedure. You are required to be taken home by someone who is at least 18yo. If you take a taxi or any transportation service, you **MUST** be accompanied by an adult who will take responsibility for your safe trip home as you will be sedated and considered under the influence. **If you do not have a ride and someone to accompany you, the procedure will be cancelled.**

If you are on blood thinners or platelet agents like Coumadin, Heparin, Lovenox, Plavix, Xarelto, Eliquis, Brilinta, please make sure our office is aware so we can instruct you how and whether to hold these medications.

Complete any lab work Xray or EKG, if ordered for the procedure. For your safety, if this was ordered to be completed before the procedure, the procedure may not be done.

Do not eat or drink starting at midnight the night before your procedure.

If you have diabetes, take ½ of your usual evening insulin dose or ½ of your usual nightly oral diabetes medication the night before. DO NOT take your morning insulin or oral diabetes medication the day of the procedure

Take all of your other usual morning medications with a sip of water by 6am unless otherwise directed.

Arrive at the office 30-45 min before your appointment time.

You will meet with the doctor and anesthesia provider prior to the procedure.

If you have been instructed to hold your PPI (acid reducing medicine), stop taking your _____ on _____.

THERE WILL BE A \$100 CHARGE, NOT PAYABLE BY INSURANCE, FOR CANCELLING WITHIN 48 HRS OF YOUR SCHEDULED DATE WITHOUT CAUSE OR FOR NOT SHOWING UP FOR THE PROCEDURE.

For questions call: 215 742-9900